


UNIVERSITY OF CALIFORNIA



4-H
CITIZENSHIP
LEADERSHIP
LIFE SKILLS
Youth
DEVELOPMENT
PROGRAM

UPDATES FROM THE CALIFORNIA STATE 4-H OFFICE

The University of California 4-H Youth Development Program engages youth in reaching their fullest potential while advancing the field of youth development.

"Updates" is sent out once a month to two email lists: one for 4-H Staff and a week later to our General News email list.

August 2009

[Statewide 4-H Online Calendar](#)
[4-H Science, Engineering and Technology Updates](#)

DIRECTOR UPDATES

- **Volunteering Is Good For Adults and Youth!**

We already know that adults who volunteer receive many benefits, but the same holds true for teens! According to a study reported in National Clearinghouse for Youth and Families, "Adolescents who take part in community service or volunteer in political activities are more likely to continue having a strong work ethic as adults. Volunteering is also related to overall positive academic, psychological, and occupational outcomes.

- A study by the Corporation for National & Community Service found that 55 percent of 12-18-year-olds volunteered through a formal organization in 2004, compared to a volunteer rate of 29 percent for adults, though fewer youth than adults volunteered once a month or more.
- While low-income youth are less likely to have participated in school-based volunteer service, disadvantaged youth who volunteer are more likely to volunteer again, to discuss politics with friends and with parents and other adults, to believe that people can be trusted, and to hold a positive view of the future."

County 4-H Youth Development Programs are encouraged to provide opportunities for greater youth volunteering within our 4-H programs. For more information on the studies please see: <http://ncfy.acf.hhs.gov/publications/celebrate/volunteering.htm>

CA 4-H FOUNDATION UPDATES

No items to display this month.

HEALTHY LIVING INITIATIVE

No items to display this month.

IDEAS THAT WORK

No items to display this month.

PROGRAMS

- The **Kern County 4-H Camp Out** was held June 9 & 10, 2009 at Camp Okihi along the Kern River. Click [here](#) for photos of this event. This activity was part of the 4-H Outreach Program which brings 4-H programming to youth in under-represented communities. Many of the youth in the program had never camped before. The youth had the opportunity to participate in many traditional camp activities including archery, crafts, ice cream making, horse back riding, and outdoor cooking. Hi 4-H members provided leadership for the activities. The event was organized by 4-H Outreach Program Representative, Terrance Stroman, tdstroman@ucdavis.edu.
- **Greetings for Military Kids:** Is your club looking for a fun service project to help military children? Well look no more! Operation Military Kids (OMK) supports California's military youth by providing them with Hero Packs. One of the items we include in each pack is a letter of support and encouragement written by another California youth. If your club would like to write letters to military kids or learn more about how your club can get involved in the OMK hero pack project, please contact Sylena Wise at the CA 4-H State Office, smwise@ucdavis.edu.

EVENTS AND DEADLINES

- The **State 4-H Horse Classic - Championship 4-H Horse Show** was a success. The results will be posted at <http://ca4h.org/projresource/horse/> by **August 1st**.
- **Volunteer Opportunities:**

The Army Reserve is requesting 4-H's help with some upcoming Yellow Ribbon Reintegration Program (YRRP) Events. Several units in California are preparing for the upcoming YRRP events that focus on preparing, sustaining, and reintegrating our Soldiers and Families throughout their deployment cycles. If you would like to showcase your 4-H club or volunteer your time by providing fun youth activities for military kids during the event please contact Sylena Wise at 530-752-8585 or smwise@ucdavis.edu. Funding is available to purchase supplies for these events.

 - Los Angeles, CA-- **August 8, 2009** from 9:30 am to 4 pm.
- **National Dairy Conference, September 27-30, 2009** - California is looking for interested delegates. California has the opportunity to send a group of 5 4-H members and 2 adults to Madison, Wisconsin in September to attend the National Dairy Conference. This group will serve as an exploratory team to determine whether California should make this an annual event. Click [here](#) for more event information and eligibility details. Interested candidates need to complete an application. Applications can be obtained by contacting Dr. Cyndi Barnett or Steve Dasher. Please contact Dr. Cyndi Barnett at cdbarnett@ucdavis.edu or Steve Dasher at hsdasher@ucdavis.edu by August 15 if you would be willing to serve on the team or if you have any questions about the conference.
- **Help Staff 4-H Booth at California State Fair**

Once again The California 4-H Foundation is recruiting 4-H members and leaders to help staff the 4-H booth at the **California State Fair (August 21 - September 7)**. This is a great opportunity for 4-H members and volunteers to share with the public their 4-H experiences, as well as, the wide range of projects and leadership opportunities that are available to youth through participation in the California 4-H Youth Development Program. Small 4-H projects are welcome to accompany you (robots, rabbits, arts/crafts, service dogs, etc.) to give the public a "feel" for what types of projects are available. Examples of service projects also make for good stories to share with the public. Please feel free to bring photo albums or record books with you to show anyone who

may be interested in learning even more about your 4-H project.

Parking passes and fair admission tickets will be provided to 4-H members and adults who sign up for a 2-hour shift. A maximum of 4 youth and 2 adults per shift will be allowed. Further, each shift must have an adult or older teen in the booth at all times. To sign-up, please visit <http://www.ca4h.org/wrp/statefair/>.

- Youth ages 10-15 are invited to attend the **3rd Annual Kids Culinary Convention and Conference, September 19, 2009** in Sacramento, CA. Youth and parents may register starting Aug. 15. The conference is an opportunity for youth to experience and learn about food, from preparation, hands-on cooking to the benefits of healthy eating habits. Visit: <http://www.jrchefcentral.com> for more information.
- The **2010 National 4-H Conference** will be held **March 20-27, 2010** at the National 4-H Center in Chevy Chase, MD. The National 4-H Conference is the Secretary of Agriculture's premier youth development opportunity to engage youth in developing recommendations for the 4-H Youth Development Program. 4-H members, volunteers and staff may apply to join the California delegation by **September 30, 2009**. More information is available at <http://www.ca4h.org/conference/n4hc/index.asp>.
- Do you have experience and interest in computers, the Internet, digital photography, GPS/GIS, or other tech area? Join the **2009 California 4-H Computer Corps!** The 4-H Computer Corps increases the use and awareness of computer technology in the California 4-H Youth Development Program. 4-H members, age 15-19, 4-H volunteers and staff may apply by **September 30, 2009**. More information is available at <http://ca4h.org/wrp/compcorps/>.
- Mark your calendars for the **State 4-H Equine Field Day at UC Davis for October 3 or 10**. It will be a partnership with the UCD Animal Science department and UCD Horse Day. More details to follow at <http://ca4h.org/projresource/horse/>.

FUNDING OPPORTUNITIES

- Are you planning a service-learning project for next year? Each year the California State 4-H Office provides funds to members and volunteer leaders for service-learning projects through the **California 4-H Service Learning RFP**. Groups can request up to \$5,000 to fund activities that address significant environmental, economic and/or social issues affecting California's youth, families, and communities. The Service Learning RFP application and information is available on the web at: <http://www.ca4h.org/citizenship/funding/index.asp>. Examples of past projects are also listed. The application is due **September 15, 2009**.
- 4-H club support funding is available through the **Bob and Pat Dean Memorial Legacy Fund** for California 4-H members or volunteers. Funding is intended for activities that meet the following criteria: 1) enable youth to develop citizenship, leadership, or life skills; 2) support the development of new and innovative 4-H projects benefiting 4-H members; 3) increase public awareness of the 4-H Youth Development Program; 4) expand the reach of the 4-H Youth Development Program (new youth, new audiences); 5) provide continuing benefits to the applicant's local 4-H Club or project. Application information is available at: <http://www.ca4h.org/citizenship/funding/>. Applications are due **September 15, 2009**.

INCENTIVES AND RECOGNITION

- National 4-H Headquarters and the collaboration between National 4-H Council and the Annie E. Casey Foundation have announced the recipients of the **2009 4-H Families Count: Family Strengthening Awards**. The **4-H Bloco Drum and Dance Club of Sonoma County** was selected as one of the award recipients in their work to create social and economic opportunities for success of 4-H youth. Congratulations to 4-H Bloco Drum and Dance!

- **Laura Webber**, a 4-H member in San Mateo County actively involved with the 4-H Million Trees Project, has been selected by The Coca-Cola Company, as one of ten teenagers involved in community service projects that will carry the Olympic Torch in the 2010 Winter Olympics Torch Relay. Currently, as a result of the 4-H Million Trees Project, almost 68,000 trees have been planted by about 24,000 4-H youth in 42 states and provinces. Congratulations Laura!

YOUTH DEVELOPMENT RESEARCH

- The **4-H Center for Youth Development's** (CYD) Spring-Summer 2009 issue of the **Research You May Have Missed** has recently been released. Click here to read the latest research in the field of youth development from the CYD: http://cyd.ucdavis.edu/publications/pubs/rymhm/pdf/rym09spring_Summer.pdf.
- The **4-H Center for Youth Development** researchers, Katherine Heck, Aarti Subramaniam, and Ramona Carlos recently had an article, Use of the PRKC Tool in Assessment of Staff Development Needs: Experiences from California published in the **Journal of Extension** website. Click here to view the article: <http://www.joe.org/joe/2009june/a7.php>.

FOR 4-H STAFF

- **For Staff:** The **Volunteer Development Workgroup** has cancelled the upcoming trainings for the new series of Volunteer Development Modules due to the lack of staff training funds. The trainings were scheduled for: **September 16 - 17**, Riverside; **September 30 - Oct. 1**, UC Davis, **October 7 - 8**, San Luis Obispo; and **October 21 - 22**, Hanford. The four new training modules - Essential Elements, Youth Adult Partnerships, Experiential Learning, and 4-H Safety, will still be making a debut sometime this winter. Staff can participate in a pilot of the Essential Elements and Youth Adult Partnerships modules at State Leaders Forum. The Volunteer Development Workgroup is exploring other venues for delivering the trainings. Watch for future Volunteer Development Modules updates. Please direct any questions to Carla Sousa at cmsousa@ucdavis.edu.
- **For Staff:** The **Board on Human Sciences (BoHS)**, Association of Public and Land-Grant Universities has invited individuals to nominate and submit an application for any of the four awards of excellence they've established. If you would like to nominate a person you know whose work has contributed to furthering the mission of human sciences and similar disciplines in colleges and universities. Nominations should be submitted electronically to Sharon Junge, skjunge@ucdavis.edu at the State 4-H Office by **Aug. 1, 2009**. The nomination letter will be a single document that contains 1) a nomination letter detailing the nominee's outstanding achievements and contributions to advancing the human sciences; and, 2) the nominee's vita. The selected candidate will be contacted later for submission of additional information to BoHS.
- **For Staff:** The **Office of Disability and Employment Policy** has released a document that serves as an outline and support piece in planning the utilization of resources provided by the American Recovery and Reinvestment Act of 2009. The document is an overview of sources of funding available for direct services to youth ages 13-24. Click [here](#) to access the full document.
- **For Staff:** The Cooperative State Research, Education, and Extension Service (CSREES) has announced an opening with **Families, 4-H and Nutrition, Nutrition and Family Sciences, for a National Program Leader (Child and Adolescent Development)**. The position is open to all U.S. citizens and the deadline for application submission is **July 27, 2009**. The position announcement number is: CSREES-2009-0082. Type the vacancy number in the keyword search. Visit: <http://jobsearch.usajobs.opm.gov/a9csrees.asp> to view position description

and to apply.

- **For Staff:** Colorado State University Extension has an opening for a **4-H Youth Development Specialist in STEM** (Science, Technology, Engineering, and Mathematics) and K-12 Outreach. The position is located in Ft. Collins, CO. Applications are due by **August 24, 2009**. Click [here](#) for a full position description.
- **For Staff: Ready, S.E.T., Go! Afterschool Professional Development Train-the-Trainer Workshops** have been announced. Trainees will receive training manuals designed especially for afterschool settings. Trainings will be held on:
 - August 5, Watsonville
 - September 30, San DiegoVisit, <http://ucce.ucdavis.edu/survey/survey.cfm?surveynumber=3652> to register.
- **For Staff:** The Deputy Under Secretary of Defense for Military Community and Family Policy (MC&FP) has announced the **2009 Family Readiness Conference, September 1-3, 2009** in Chicago, Illinois. All components of the Military Services are invited. The conference will provide an interactive forum to share ideas for the practices of supporting military family readiness. If you are interested in presenting at the conference, visit:
<http://www.militaryhomefront.dod.mil/service/conferenceandworkshops/presentersandexhibitors>
For additional questions, contact: Kate McCausland, katemccausland@militaryonesource.com.
- **For Staff:** The **American Evaluation Association Extension Evaluation Awards** have announced a request for nomination. EEE-TIG will present five awards: Sustained Excellence in Extension Evaluation Award, the Mary Nell Greenwood Extension Evaluation Award, Excellence in Program Evaluation Award, Excellence in Evaluation Training Award, and the Outstanding Leadership and Service to the Extension Evaluation Profession. Please submit nomination packet by Thursday, **September 3, 2009**. (all submissions electronic) to: Heather H. Boyd, hboyd@vt.edu, Ph.D., C.P.M. Assistant Professor, Extension Specialist Program Evaluation Department of Agricultural & Extension Education Virginia Tech. Nomination Packet and Submissions Nomination packets should consist of the following: 1. One-page rationale for nomination, including: A. The specific award for which the nomination is submitted B. Name, title, institution of the nominee(s) C. Descriptive information to support the nomination 2. Appropriate supporting documents, such as a copy of product(s) developed by the nominee 3. Letters of support (No specific number of letters is required. Successful nominations typically have included three or more such letters.) 4. Name, address, phone & email address of person making the nomination.
- **For Staff:** Budgets, inventory reports, and audits are due to county offices from clubs, units, and councils by **September 15, 2009**. For any questions, please contact the State 4-H Office at 530-754-8518.
- **For Staff:** The **Record Book Judging Applications** are due to the State 4-H office by **September 30th**. For further information, please visit: <http://www.ca4h.org/4hresource/ir/recordbook/> or email Quang Tong at qtong@ucdavis.edu.
- **For Staff:** The **National 4-H Conference applications** are due to the State 4-H office by **September 30, 2009**. For additional conference information, please visit: <http://www.ca4h.org/conference/n4hc/> or email Quang Tong at qtong@ucdavis.edu.
- **For Staff:** The **4-H Computer Corps applications** are due to the State 4-H office by **September 30, 2009**. For additional information on the 4-H Computer Corps, visit: <http://www.ca4h.org/wrp/compcorps/> or contact Steven Worker at smworker@ucdavis.edu.
- **For Staff:** Save the Date for a **Statewide Youth Traffic Safety Summit** being planned for **September, 19-20, 2009** in Anaheim, CA. Click [here](#) to for more details on the event. Registration and hotel reservation information will be available soon.

- **For Staff:** National 4-H Headquarters has announced the **U.S. Fish and Wildlife Service -4-H 2010 Connecting Youth with Nature through Natural Resources Conservation Education Award**. This award is available to 4-H programs that have already been designated as a 4-H Program of Distinction. For information and application materials, visit: <http://www.national4-hheadquarters.gov/about/pod.htm>. The application deadline is **October 16, 2009**.
- **For Staff:** The **Journal of Agricultural Extension and Rural Development (JAERD)** is a new monthly journal focused on improving the extent of research available in this field. The JAERD welcomes manuscript submissions for the Maiden Issue scheduled for release in **October 2009**. Please visit: <http://www.academicjournals.org/JAERD/Instruction.htm> for more information.
- **For Staff:** The University of Minnesota Extension has made available a new resource **CD, Parents and Teens Talking About Alcohol**, which includes lessons and presentation materials for facilitating parent/teen groups. If you are interested in purchasing the CD, visit: <http://www.parenting.umn.edu>.
- **For Staff: California to Host CYFAR Conference in 2010** - Sharon Junge, Acting Director
San Francisco will be the location of the 2010 Children, Youth and Families at Risk (CYFAR) Conference. Running from **May 4-7, 2010**, at the Downtown Marriott Hotel, the conference will feature the latest research, best practices, and project resources of the land-grant system to assist at-risk audiences meet basic needs, build skills and competencies, and create sustainable opportunities.
The CYFAR conference also provides a wonderful showcase for many of California's diverse youth, family, and community development programs and new opportunities for staff development. As the host state and chair for the conference, I will be appointing California staff to serve as co-chairs or members of many of the conference committees. If you are interested in being considered for any of these leadership roles please send me an email at skjunge@ucdavis.edu.
Committees include: Registration/Facilities, Program, Research & Keynote Sessions, Technology, Interacts, Early childhood, School-age, Teen, Parent/Family, Community, Program Showcase, Evaluation, National Learning Priorities, and 4-H Military Partnerships.
Mark your calendars! More information will be available this summer.

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California State 4-H Office
Agriculture and Natural Resources
University of California
DANR Building, One Shields Avenue
Davis, CA 95616-8575
530-754-8518
fourhstateofc@ucdavis.edu